



TOP DOCTORS

Monahan Chiropractic Medical Clinic

DR. MEET PATEL
KIMBERLY PACETTI, ARNP

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Over 50 years ago, **Monahan Chiropractic Medical Clinic** started developing their reputation as the go-to place for back and neck problems, as well as adjustments to relieve many other pressure point issues, aches and pains. As a two-handed operation, Kimberly Pacetti has been working alongside Dr. Meet Patel, and recently they have evolved the medical practice department of its integrative treatment under the leadership of Pacetti. That means, they can address the mind, body and soul of clients to promote healing and well-being.

“We seek to determine the causes of the patient’s concerns rather than just treating the symptoms,” says Kimberly. “We form close relationships that are more like partnerships, both striving and working together to find a healthy balance and heal the body.”

They offer many services including primary care, annual physicals, bioidentical hormone replacement therapy, weight loss assistance etc. Unlike conventional medicine, which focuses on attempting to treat diseases once they occur, the care offered at Monahan Chiropractic emphasizes the importance of proactively improving health in an effort to reduce the risk of pain and illness before symptoms become acute.

“Over my years working in the healthcare field, I have seen so many people coming in with issues and complaints that can be solved in a holistic way. People will talk about how they don’t have energy, but they are out drinking, not getting the proper food, and coming in with Dunkin’ Donuts in hand for breakfast,” Pacetti said. “I want people to feel good by taking care of themselves. I love guiding patients into adapting a healthier lifestyle and do so using nutritional supplements and weight loss counseling.”

At the end of the day, this clinic is about making a difference in this town and helping their St. Augustine neighbors to feel and be their best selves in the services both doctors offer under one roof in St. Augustine.